WomenHeart
Support Group

2026-2027 Meetings

Second Tuesday of the Month
1:00-3:00pm
(September – May)

New format!
Support Group meets 1:00 – 1:45pm.
Expert speakers from 2-3pm.

Summer Meet-Ups 2026
2nd Tuesday, 2-3pm (no speaker)
(June, July, August)

Location:
Lynn Women's Institute
690 Meadows Road
Boca Raton, FL

Connections, education & support for Women Living with Heart Disease

WomenHeart

- Learn how to improve your heart health.
- Meet and connect with other women living with heart disease or a cardiac condition.
- Hear from a variety of healthcare and wellness professionals.

Join our email list for important health updates at: **WIPrograms@baptisthealth.net**

Support Group Leaders:
Nancy Edelman - 561-289-8975
Liz Zerlin – 954-732-2799
Hospital Contact – 561-955-5348

WomenHeart.org

WOMENHEART
THE NATIONAL COALITION FOR WOMEN WITH HEART DISEASE

Christine E. Lynn Women's Health & Wellness Institute
BAPTIST HEALTH SOUTH FLORIDA