



Baptist Health

Miami Cancer Institute

November Programming

Tuesday, November 5 at 2 p.m.

Celebrity Chef Workshop

Chef Cindy Hutson and Natacha Borrajo,
RDN, wellness dietitian

In person at limited capacity.

Miami Cancer Institute, 8900 N. Kendall Dr.,
Room 3W283. Registration required. Click
[here](#) or call **786-527-7680** to register.

Indulge in a flavorful journey as a seasoned
chef and a nutrition expert team up to
demonstrate delicious and nourishing
recipes.

Miércoles, 6 de noviembre a las 6:00 p.m.

Un camino hacia la esperanza: Velada informativa sobre los estudios clínicos de cáncer

Restaurante, "A Love Story"

8800 SW 56th St., Miami

Para registrarse, haga clic [aquí](#) o llame al
786-527-7680.

Descubra datos concretos acerca de los
estudios clínicos sobre cáncer en esta cena
especial y conversatorio de la mano de
Baptist Health Cancer Care. Obtenga
información directamente de los expertos
en esta presentación acerca de las
nociones básicas sobre los estudios clínicos
y participe en un dialogo franco con
investigadores clínicos y pacientes.



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unless otherwise stated.

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Thursday, November 7 at 5:30 p.m.

Your Bosom Buddies Annual Gala

Victor E. Clark Auditorium:

6200 SW 73rd St., Miami

To RSVP, please call **786-527-7680** or email MCIEvents@BaptistHealth.net.

Your Bosom Buddies Breast Cancer Support Group invites you to their annual celebration for breast cancer survivors and thrivers. Breast cancer survivors, their families and friends are invited to this event. There is no charge to attend.

Saturday, November 9 at 9 a.m.

From Struggle to Strength:

Navigating Lung Cancer

Miami Cancer Institute Café, First Floor
8900 N Kendall Dr., Miami

Registration is free and required.

Continental breakfast will be provided.

To register, click [here](#) or email MCIEvents@BaptistHealth.net.

Join us for a special lung cancer awareness event featuring resource tables and an expert panel. Learn about lung cancer prevention, screening options and the latest advancements in treatment from leading professionals in the field.

Click [here](#) to receive our monthly free e-newsletter

Jueves, 14 de noviembre al mediodía

Programa de supervivencia:

Prosperando después de su trayectoria contra el cáncer

Keila M. Barreiro, MSN, APRN,
AGACNP-BC

Zoom ID: **926 2172 1253** | código de acceso: zoom. Para registrarse, haga clic [aquí](#).

¿Es usted un sobreviviente de cáncer? Sintónice para aprender sobre el significado de ser un sobreviviente y la importancia de tener un plan de supervivencia para una mejor calidad de vida.

Friday, November 15 at 5:30 p.m.

Leukemia and Lymphoma Society's Light the Night

347 Don Shula Dr., Miami Gardens

For more information, click [here](#).

Join Baptist Health Cancer Care at Leukemia & Lymphoma Society's Light the Night as we gather as a community to celebrate, honor, and remember those touched by blood cancers. Join us to bring light to the darkness of cancer. The funds raised by this community fund lifesaving research, advocacy and support for blood cancer patients and their families. Join us in the fight to cure cancer!

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Sunday, November 17 at 8 a.m.

Miggy's Gift 6th Annual Melanoma Walk

Coral Reef Park: 7895 SW 152 St., Palmetto Bay

To register to walk, click [here](#).

Join Baptist Health Miami Cancer Institute in the 6th Annual Melanoma Walk to raise awareness on skin cancer. "Lace up for melanoma" and enjoy a walk through the beautiful park as you learn about the importance of taking care of skin and early signs of skin cancer.

Tuesday, November 19 at Noon

Ways to Wellness: Caring for Caregivers

Dina Mendoza, LCSW, and Ivonne Torres, LCSW

Zoom ID: **983 8577 9966** | To register, click [here](#).

Join Miami Cancer Institute experts to discuss tips on how to cope as a caregiver during the cancer journey and learn about different resources to increase support and awareness for caregivers in the community.

Wednesday, November 20 at 12:30 p.m.

Breast Cancer Uncovered: Insights on Risk, Detection, and Treatment

Nadia F. Nocera, M.D., Breast Surgical Oncology

1228 South Pine Island Rd. Plantation – Fourth Floor, Suite 400

To register, please click [here](#) or email MCIEvents@BaptistHealth.net

Join us for an informative session on breast cancer, where we will discuss key risk factors, important statistics, the importance of early detection, the diagnostic process, and a brief overview of available treatment options. This in-person event offers valuable insights to help you stay informed and proactive about your health.

Jueves, 21 de noviembre al mediodía

Los beneficios del masaje oncológico

Paola Collazos, LMT, CLT, masajista oncológico

Zoom ID: 998 6413 7851 | código de acceso: zoom.

Para registrarse, haga clic [aquí](#).

Descubra cómo la terapia de masaje puede mejorar la calidad de vida y aliviar los síntomas relacionados con el tratamiento del cáncer. Explore cómo esta opción de tratamiento puede brindar comodidad y apoyo durante su diagnóstico.