2017 Baptist Hospital Courses

The following courses will be presented at Baptist Hospital of Miami. For questions regarding any courses, please contact Judy Kaufman, P.T., education coordinator, Rehabilitation, at 786-596-3349.

Improving all Function by Treating the Trunk

**Saturday, Jan. 14**

This course will help improve our understanding and management of the trunk through its connections to the shoulder girdle, pelvic girdle, and neck. This course will allow participants to assess proximal problems and potential and to facilitate the postural control that is necessary for achievement of functional goals.

Co-sponsored with: NDT Assoc. Presented by Monica Diamond, PT

Cost: $250 with active NDT membership

CEU’s: 8

Call: 1-800 869-9295 or www.ndta.org

Head and Neck Cancer Course

**Saturday, Jan. 21**

This one day course will review associated outcomes of treatment including surgical/anatomical changes, prosthetic needs and reconstruction implications, TMJ dysfunction/trismus, shoulder and neck impairments, pain, radiation fibrosis, lymphedema, cancer related fatigue, deconditioning and nutritional deficits.

Co-sponsored with Oncology Section of the APTA

Speaker- Bryan Spinelli, PT

Cost: Early bird Oncology section: $169, early bird-non member: $199; Early bird APTA member: $219, early bird nonmember: $245; regular fees: $269/$295

CEU’s: 8

Call 1-800 999-APTA or online at the Oncology Section of the APTA

Combining Manual Therapy, Kinesiology Taping and IASTM

**Saturday-Sunday, Feb. 4-5**

The certification consists of 3 hours of online content, which is a prerequisite to the 13 hour live hands on lab course. A strong emphasis will be placed on the neurophysiological principles of “less is more” decreasing tone, decreasing threat and stimulation of mechanoreceptors.
to assist with improving movement. You will also explore and discuss various corrective exercises and kinesiology taping strategies for continued positive outcome provided by IASTM.

Cospsonianed with: Medical Minds in Motion
Presented by Rick Daigle, PT, DPT, FMT-C, STMT-1
CEU’s: 13
Cost: $549
Call: 1-888-989-6646 or MedicalMindsInMotion.com

Understanding Memory/ Cognitive Impairment as part of the Aging Process: The Role of Therapy

Saturday, Feb. 11

This evidence based course is designed to assist the clinician in developing a better understanding of cognitive/memory impairments associated with the aging process. Also, to prioritize treatment sessions to focus on functional deficits caused by the cognitive/behavioral changes. Content will cover the spectrum of age related cognitive/memory impairment versus Alzheimer’s to provide effective therapy interventions.

Cospsonianed with: RehabEd.
CEU’s: 8
Cost: $229 early bird (4 weeks prior) or $259
Call: (845)368-2458 or www.rehabed.com

AEIOU Systematic Approach to Pediatric Feeding

Saturday-Sunday, Feb. 25-26

This course teaches the approach for helping children learn to explore food, enjoy eating and participate independently in social mealtimes. The AEIOU approach- acceptance, exposure, independence, observation and understanding offers a method for integrated treatment of infants and young children with challenging feeding disorders using sensory, oral motor, biomedical and environmental strategies.

Cospsonianed with Education Resources, Inc.
Presented by Nina Johanson
Cost: $435
CEU’s: 15
Call: 1-800 487-6530 or www.educationresources.com

Yoga, Tai Chi and Feldenkrais: An Integrative Approach to Rehabilitation

Saturday-Sunday, March 11-12

This workshop will use lecture, lab and case studies to demonstrate the distinctive therapeutic aspects of Yoga, Tai Chi, meditation, and Feldenkrais and how the integration of these approaches, with traditional physical and
occupational therapy, provides the therapist a myriad of “tools” to promote performance across the continuum of care.

Presented by Bill Gallagher PT, CMT, CYT and Richard Sabel MA, MPH, OTR, GCFP

Cost: $495
CEU’s: 13
Call: 1-800 297-3815 or register online at www.eastwestrehab.org

The Mulligan Concept — “Upper Quarter”
Saturday-Sunday, March 18-19

This 2 day course focuses on manual therapy for the cervical and thoracic spine, ribs and the upper extremities. It includes lecture, patient demonstrations and lab time. This unique approach to manual therapy was discovered and developed by Brain Mulligan from New Zealand. This simple yet effective manual therapy approach addresses musculoskeletal disorders with pain free manual joint “repositioning” techniques for restoration of function and abolition of pain.

Presented by: Rick Crowell, PT, MS, GDMT, MCTA, FAAOMPT
Cost: $425
CEU’s: 18
Call: 218-349-4965 or register online at www.na-mcta.com


Saturday-Sunday, April 1-2

This 2 day workshop explores assessment of Fascial Highways within a paradigm of integrated movement through hands-on participation and interactive labs. Assessment and testing of fascial highways, strategies to identify limitations in them as well as manual therapy and self-myofacial release techniques for improved overall function of a Fascial Highway. Strategies on loading the entire system via the concept of loaded movement training will be discussed.

Cosponsored with: Medical Minds in Motion
Cost: $399 or $369 early bird (14 days prior)
CEU’s: 12
Call: 1-888-989-6646 or register online at MedicalMindsinMotion.com
ICU Rehabilitation Care

**Saturday, April 8**

Medically complex patients challenge therapists to use high level clinical decision making skills to ensure optimal patient treatment while maintaining patient safety. This course will provide therapists with an overview of examination and treatment tools that can be used to optimize patient outcomes.

Presented by Kristin Lefebvre.

Cosponsored with Motivations

Cost: $225

CEU’s: 8

Call: 1-800 791-0262 or www.motivationsceu.com

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Neural Mobilization: Examination and Intervention Strategies

**Saturday-Sunday, April 22-23**

This course covers concepts for examination and quantifying restricted neural dynamics and intervention strategies to address the dura, nerve bed and peripheral nerves. Assessment and treatment concepts will be covered. It includes lab sessions to practice neural mobilization and examination techniques.

Presented by Mark Butler

Cosponsored with: Rehab Education

Cost: $449

CEU’s: 15

Call: 1-845-368-2458 or info@rehabed.com

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Myofascial Release and Other Manual Techniques in Dysphagia Management

**Saturday-Sunday, May 6-7**

This interactive 2 day workshop will address evaluation and current treatment techniques appropriate for soft tissue and joint limitations that contribute to an abnormal swallow. A thorough discussion about scar tissue formation and immobility on mechanical and neurological aspects of the functional swallow. Additional objectives include postural impairment, functional anatomy and biomechanics of the TMJ. The majority of this course will be hands-on application.

Cosponsored with CIAO

Cost: $400

CEU’s: 15

Call: 1-888-909-2426 or www.ciaoseminars.com
Orthotic Solutions for Upper Extremity Fractures: Evidence Based Solutions for Fractures, Tendons and Nerves

**Saturday-Sunday, May 20-21**

This intermediate level 2 day program establishes knowledge in the selection and fabrication of appropriate orthoses (splints) in the treatment of hand and upper extremity patients with a fracture nerve or tendon injury. Strong emphasis on hands-on lab sessions fabricating custom low-temperature thermoplastic orthoses for immobilization and mobilization.

Co-sponsored with Rehab Education

Cost: $529 /$479 early bird- 30 days prior
CEU's: 15

Call: 1-845-368-2458 or info@rehabed.com
Post Concussion Syndrome  
**Saturday-Sunday, June 3-4**

This course will focus on the latest relevant assessment and treatment strategies for adults and children with prolonged visual, vestibular and sensory complaints as a result of concussion. Effective treatment strategies to improve visual skills, balance and sensory integration for optimal return to all daily tasks will be highlighted.

Co-sponsored with: Education Resources, Inc.
Cost: $435
CEU's: 14
Call: 1-800 487-6530 or www.educationresourcesinc.com

Vestibular Dysfunction  
**Saturday-Sunday, June 10-11**

This 2 day intermediate course will provide the practitioner algorithmic problem solving skills needed to evaluate and treat dizziness and imbalance. A major emphasis will be placed on how to develop differential diagnosis skills when performing a comprehensive evaluation for a variety of vestibular diagnoses. Integrated hands-on labs are interspersed throughout both days to practice and apply evaluation techniques and treatment strategies.

Cosponsored with: North American Seminars
Cost: $425
CEU’s: 15
To register: 1-800-300-5512 or www.healthclick.com

Recent Advances in Total Joint and Fracture Care Rehab  
**Saturday-Sunday, June 17-18**

This information packed 2 day seminar will review assessment and intervention strategies when working with patients who have undergone total joint replacement, fracture repair and/or conservative management related to hip, knee and shoulder joints. Hands on lab activites, comprehensive review of surgical procedures and post-surgical patient progressions. Simplify treatments to improve function, meet goals and satisfy outcome reporting.

Cosponsored with: Medical Minds in Motion
Cost: $399
CEU’s: 12
Call: 1-888-989 6646 or www.MedicalMindsInMotion.com
Respiratory Muscle Strength Training: Background and Clinical Applications for Speech, Swallow and Cough

Saturday, July 15

This presentation comprises a review of the common neuroanatomic and neurophysiologic bases of respiration, swallow and cough as well as changes to these systems that may occur as a result of neurodegenerative and neurological impairment. This presentation review respiratory muscle strengthening programs and provides evidence of neurological and muscular adaptations associated with their intervention.

Cosponsored with: Motivations
Cost: $225
CEU’s: 8
Call: 1-800 791-0262 or www.motivationsceu.com
Evidence Based Cancer Rehabilitation Resources and Its Role in Cancer Survivorship

**Saturday-Sunday, Aug. 26-27**

This interactive course will provide evidence-based tools and strategies for the care of patients with diverse cancer types across the cancer continuum. The course will also address functional outcome measures and reimbursement concerns.

Cosponsored with: Education Resources

Cost: $435  
CEU’s: 18  
Call: 1-800 487-6530 or www.educationresourcesinc.com

Optimizing Functional mobility in the Older Adult

**Saturday-Sunday, Sept. 16-17**

This course will teach clinicians how to perform a comprehensive examination of older adults with orthopedic, neurologic and cardiopulmonary diagnoses as well as other pathologies with an emphasis on integrating findings into the development of the plan of care. A variety of tests and interventions will be practiced in labs.

Cosponsored with: North American Seminars

Cost: $450  
CEU’s: 18  
Call: 1-800 300-5512 or www.healthclick.com

The Post surgical Cervical/Lumbar Spine

**Saturday-Sunday, Sept. 23-24**

This 2 day seminar will enhance the therapists understanding of surgical approaches and techniques for the cervical and lumbar spine, including microdiscectomy, PLIF, DLIF, RLIF,ACDF and posterior cervical fusion. Participants will learn manual therapy techniques including adverse neural tensioning and mobilization of the sciatic, femoral, median, ulnar and radial nerves. Protocols will be presented and will follow these surgical patients from pre-op through surgery, initial post-op recover and post-op rehab.

Cosponsored with North American Seminars

Cost: $425  
CEU’s: 18  
Call: 1-800-300-5512 or www.healthclick.com
A Master Clinicians Approach to Advanced Concepts in Examination and Treatment of the Shoulder Complex

**Saturday-Sunday, Sept. 30-Oct. 1**

This 2 day advanced course provides an in-depth analysis of the scientific and clinical rationale for examination and treatment of selected shoulder complex conditions. Much of course includes hands-on lab sessions utilizing case studies, clinical reasoning, differential diagnosis and problem solving skills as well as special tests for examination of the shoulder.

Presented by Dr. George J. Davies
Cosponsored with North American Seminars
Cost: $595
CEU’s: 15
Call: 1-800-300-5512 or www.healthclick.com

Yoga Therapy in the Classroom

**Saturday-Sunday, Oct. 7-8**

This 2 day program offers the school based practitioner a clinically researched Yoga curriculum utilizing developmentally graded yoga sequences which align with RTI and PBIS. This program has been shown to positively impact sensory processing, self regulation, attention, communication, motor planning and performance.

Challenges addressed include students with mild to severe physical limitations, autistic spectrum disorders, developmental, learning disabilities and attention and emotional/regulatory issues.

Cosponsored with: Education Resources
Cost: $445
CEU’s: 15.5PT/13 OT
Call: 1800 487-6530 or www.educationresourcesinc.com

Geriatric Posture and Performance

**Saturday-Sunday, Oct. 21-22**

Poor posture and structural alignments leads to decreased performance and function and breathing problems and can contribute to devastating falls. This course is designed to enhance the ability of clinicians to treat older patients with various orthopedic and neurologic disease processes in improving posture and ultimately function.

Cosponsored with: North American Seminars
Cost: $450
CEU’s: 18
Call: 1-800-300-5512 or www.healthclick.com
The Post-Surgical Elbow, Wrist and Hand

Saturday and Sunday, Oct. 28-20

This course will enable the participant to identify critical anatomical structures of the elbow, wrist and hand, and ranges of motion available at each joint. Participants will understand and discuss the healing properties of tendons, nerves, ligaments, and bone and apply the knowledge into any clinical situation. Common radiographic views will be discussed as well as treating post-surgical wounds. Rehab programs will include: olecranon and radial head fractures, DRUK dislocations, Capsulodesis and ligament reconstruction, CMC arthroplasty with AIN release, ORIF PIP FX and Hemi hamate arthroplasty and digital amputations.

Cosponsored with: North American Seminars
Cost: $475
CEU's: 18
Call: 1-800 300-5512 or www.healthclick.com