2013 Calendar of Courses

For information on any of these courses, please call Judy Kaufman, P.T., at 786-596-3349.

Saturday-Sunday, January 12-13

Saturday: Low-vision Workshop
Sunday: Part Two: Magnification, Reading and Writing Skills Training

The eight-hour workshop will provide O.T.s/COTAs with knowledge of visual impairments associated with cataracts, diabetic retinopathy, glaucoma, age-related macular degeneration, retinal tears/detachments and neurological vision loss from CVA, brain injury and MS. This course will emphasize functional vision assessment and ADL/IADL treatment strategies in the home environment. Day 2 will emphasize follow-up skills with detailed sessions into electronic, video, text-to-speech and portable magnification systems. Patient training materials will be utilized.

Cost: Day 1: $200; Day 2: $150; Both days: $325
CEUs: Day 1: 8; Day 2: 6
Cosponsor: Colleen Ferren, OTR
To register, call 954-732-5188 or email Colleen@OTInsight.com

Stroke Rehab: An Integrated Functional Movement Approach

Saturday-Sunday, January 19-20

This course will focus on the movement re-education needs required for basic daily function of the patient from an integrated approach based on neurologic science and orthopedics. This intermediate level course combines lecture and extensive lab time designed to practice motor skills that will enhance the clinicians’ ability to treat this population.

Cosponsored with North American Seminars, Inc.
Cost: $425
CEUs: 18 hours: applicable for PT, PTA, OT and ATC
To register, call 800-300-5512 or www.healthclick.com
Myofascial Release: From Surface to Depths

Saturday-Sunday, January 26-27

This two-day beginning-to-intermediate level course has been designed to provide techniques needed to treat myofascial restrictions. Anatomy and physiology of facia will be discussed. The course provides extensive lab time to develop assessment and palpation skills. Participants will utilize palpation skills to identify postural dysfunction, treat diaphragmatic restrictions and improve rib excursion, identify and treat restrictions within with joints of extremities, decrease visceral restrictions, decrease headaches and spinal pain, increase spinal mobilization and incorporate myofascial release into a rehab program to enhance functional and physiological outcomes.

Cosponsored with North American Seminars, Inc.
Cost: $399
CEUs: 18
To register, call 800-300-5512 or www.healthclick.com

Advanced Management of Breast Cancer Rehab

Saturday-Sunday, February 2-3

This two-day advanced seminar is designed to expand and advance current clinical knowledge by providing more in-depth information to problem solve through a complex variety of breast cancer diagnoses. Upon completion, participants will understand the anatomy of breast cancer cells and their functional capabilities, expand clinical knowledge about differential diagnosis, treatment side effects and chemotherapy and radiation, understand the difference between treating lymphedema as a condition and the advanced concepts of treating acute trauma of the lymphatic system, learn advanced and integrated manual lymphatic drainage skills.

Cosponsored with North American Seminars, Inc.
Cost: $425
CEUs: 18 hours: applicable for PT, PTA, OT and ATC
To register, call 800-300-5512 or www.healthclick.com
How Does Your Engine Run?”
The Alert Program® for Self-regulation

Saturday-Sunday, February 9-10

This evidenced-based training emphasizes practical ways for teachers, parents and therapists to implement the program in school, home, clinic and community settings. Participants learn novel methods to share the basic theory of the Alert Program (and sensory processing theory) with other team members, so all can support students (or adult clients) in developing self-regulation awareness. The Alert Program has been adapted successfully worldwide for children or adults with autism, ADD, mental health issues or other challenges (including those who are nonverbal). Come learn, laugh and re-energize your adult engine!

Cost: Early Registration: $350 if postmarked (or faxed) 3 weeks prior to conference Registration.
Cost: $405 if postmarked after 3 weeks prior to conference group rate: $300 (3 or more) if postmarked (or faxed) 3 weeks prior to conference. Sorry, no purchase orders for group rate.
To receive the group rate via mail, visit our website.
CEUs: 12.75 contact hours
To register, email www.AlertProgram.com

Managing Swallowing and Communication in Trac/Vent-dependent Patients

Saturday-Sunday, March 16-17

This course offers a comprehensive, systematic approach to management of communication and swallowing functions in medically fragile patients, particularly those who are tracheostimized and/or ventilator dependent. This interactive course will give you the skills to make decisions with regard to safe and efficient nutrition, management of swallowing disorder and functional communication systems. Treatment implications will be discussed in detail.
Cosponsored with Education Resources, Inc.
Cost: $425; group rate of $399 for three or more must be mailed together
CEUs: 1.3 ASHA
To register, call 800-487-6530 or www.educationresourcesinc.com
Running Injuries — Exam, Differential Diagnosis and Treatment Interventions

**Saturday-Sunday, April 6-7**

This two-day intermediate level lecture and hands-on lab course provides clinicians the most recent evidence-based practice guidelines for the examination, differential diagnosis and treatment interventions for running-related injuries. New research on diagnosing and treating plantar heel pain, Achilles tendonitis, patellofemoral syndrome, IT band syndrome, stress fracture and muscular strains will be reviewed. An emphasis on the utilization of video gait analysis will be incorporated.

Cosponsored with North American Seminars, Inc.

Cost: $450

CEUs: 18 hours: applicable for PT, PTA, OT and ATC

To register, call 800-300-5512 or www.healthclick.com

Comprehensive Management of Wrist and Hand

**Saturday-Sunday, May 4-5**

This two-day intermediate course has been designed to provide the medical professional with information needed to effectively treat conditions of the hand and wrist through clinical problem solving. The course provides detailed understanding on aspects of the anatomy and biomechanics of the wrist and hand, the ability to integrate knowledge of anatomy and current surgical procedures to develop comprehensive therapeutic rehab programs, the ability to describe carpal and phalanx fractures and understand treatment of both conservative and surgical interventions, enhance the fundamentals of healing tissue and how clinical protocols are predicted, perform a thorough exam of the hand and develop assessment techniques and treatment strategies.

Cosponsored with North American Seminars, Inc.

Cost: $425

CEUs: 18 hours: applicable for PT, PTA, OT and ATC

To register, call 800-300-5512 or www.healthclick.com
Designed to Heal: A Wound Care Course for Healthcare Professionals

**Saturday-Sunday, May 18-19**

Designed to Heal is a two-day course on wound and tissue healing designed to educate healthcare professionals on all aspects of caring for patients with wounds. The course begins with an understanding of tissue healing and factors that impede healing of both deep tissue and dermal wounds, progresses to differential diagnoses and treatment of the four typical wound types (arterial, venous, diabetic and pressure) and includes biophysical technologies that are traditionally used by physical therapists to facilitate wound healing. Wound bed preparation including debridement, dressing selection and moisture management will be discussed with opportunity to practice making clinical decisions. Finally, strategies and techniques for controlling edema for all patients (including venous insufficiency, orthopedic, RA and trauma) will be presented with opportunities to practice compression wrapping. The course includes ample opportunity to discuss problem cases you have encountered in your own practice! This is a powerful course designed to address all aspects of wound healing.

Cosponsored with American College of Clinical Wound Specialists

Cost: $350

CEUs: 16

To register, email http://www.accws.org/ConfRegister.asp

Utilizing Pilates Principles to Enhance Rehab Outcomes

**Saturday-Sunday, June 8-9**

This two-day course is designed to help medical professionals gain basic knowledge of Pilates theory and principles and be able to integrate it into their rehab programs. There will be lecture and lab time. The lab portion will be devoted to learning, properly executing and cueing Pilates mat exercises. Application of the Pilates principles and exercises will be discussed for orthopedic, neurologic, and geriatric patient populations.

Cosponsored with North American Seminars, Inc.

Cost: $425

CEUs: 18 hours: applicable for PT, PTA, OT and ATC

To register, call 800-300-5512 or www.healthclick.com

NDT/Bobath Certification Course in the Management and Treatment of Adults with Hemiplegia

**June 14-17 (Friday-Monday)**

NDT Certification Part 1

**July 19-22 (Friday-Monday)**

NDT Certification Part 2

**September 20-23 (Friday-Monday)**

NDT Certification Part 3

**October 24-27 (Thursday-Sunday)**

NDT Certification Part 4

All therapists, of all disciplines, will cover the same course material and will be expected to assess and treat patients on the same basic level. This is done to provide all participants...
with a thorough understanding of the underlying posture and movement problems, and their functional consequences, in individuals with neuromotor disorders, and the opportunity to develop basic problem-solving and intervention skills. Course objectives include: gaining an understanding of current NDT/Bobath principles and the scientific basis supporting those principles; improving the ability to analyze typical and atypical movement in functional tasks; identifying the relationships between functional activity limitations, ineffective posture and movement and system impairments in individuals with neuromotor disorders; judiciously employing NDT/Bobath problem-solving strategies in the design of therapy intervention, focusing on the life roles and goals identified by the client; and developing and demonstrating effective treatment strategies and skills necessary to reduce the impact of stroke-related impairments on the client’s functional abilities.

Cost: $2,750 for NDTA members and $2,955 for nonmembers. (Nonmembers can join by going to www.ndta.org and clicking on the top tab that says “Join NDTA.” One-year membership is $105.)

To register, send the completed application and registration fee to NEXT STEP Physical Therapy, 73423 Foxtail Lane, Palm Desert, CA 92260 by May 31, 2013.
Treating the Cardiac Patient: Reaching Full Potential Safely

**Friday-Saturday, August 9-10**

Through lecture, case discussion and small group labs, participants will review cardiovascular anatomy and physiology with a clinical background. A key focus will be on medical and surgical issues that impact the patient’s examination, evaluation and interventions as well as the patient’s prognosis and outcomes. Through case analysis and clinical problem solving, participants will be given an opportunity to decide which impairments are significant and how they can alter their interventions to take the dysfunction into consideration. Clinical monitoring and parameters for safe exercise will be explored.

Cosponsored with Education Resources, Inc.

Cost: $425
CEUs: 15.5
To register, call 800-487-5430 or www.educationresourcesinc.com

Treatment of Infants, Children and Teens With Brachial Plexus Injuries

**Friday-Saturday, August 23-24**

This seminar addresses all aspects of conservative and surgical management of Obstetrical Brachial Plexus Injury over the course of infancy, childhood and teen years. Participants in this seminar will be presented with a detailed overview of the anatomy of the initial nerve injury and the muscular and bony sequelae that often results in lifelong neuromuscular and orthopedic challenges. Participants will learn comprehensive examination and intervention strategies for each stage of recovery throughout infancy, childhood and teen years.

Cosponsored with Education Resources, Inc.

Cost: $425
CEUs: 15
To register, call 800-487-6530 or www.educationresources.com

Mulligan Concept — Lower Quadrant, Mobilizations With Movement

**Saturday-Sunday, September 7-8**

This two-day, hands-on manual therapy seminar will provide participants with the knowledge to immediately apply mobilizations with movements (MWMs) for lower extremity, lumbar spine and sacroiliac joint dysfunctions. MWMs developed by Brian Mulligan, F.N.Z.S.P., Dip. M.T., of New Zealand is one of the most innovative and researched manual therapy approaches today. Rick Crowell, P.T., MCTA, and Frank Gargano, DPT, MCTA, both experienced and engaging manual therapy instructors, will ensure that all participants gain confidence in their handling skills and can apply the concept on Monday morning.
Developing Postsurgical Rehab Programs for Cervical/Lumbar Spine

Saturday-Sunday, September 28-29

Upon completion of this two-day course, participants will understand the basic anatomy pertinent to various pathologies and dysfunctions and be able to utilize mechanical and neurological evaluation techniques to help determine the best treatment approach. Participants will be able to develop and initiate rehab and exercise that maximizes recovery and function in any spine program.

Cosponsored with North American Seminars, Inc.

Cost: $425

CEUs: 18 hours: applicable for PT, PTA, OT and ATC

To register, call 800-300-5512 or www.healthclick.com
Treating the Acute Care and ICU Patient

*Saturday-Sunday, October 5-6*

Assessment and treatment of acutely ill patients safely requires integrating the patient history with current lab values, diagnostic test results and an understanding of how their current medications affect status. Therapists need to identify signs of patient instability and know how to modify or to terminate treatment when necessary and how to mobilize them safely and early. This course provides therapists with that knowledge and with a goal of preventing or reversing the deconditioning often seen in the acute care and ICU setting.

Cosponsored with Education Resources, Inc.
Cost: $425
CEUs: 15
To register, call 800-487-6530 or www.educationresourcesinc.com

19th Annual Brain Injury Symposium

*Date: TBA*

Call Judy Kaufman, P.T., rehab education coordinator, at 785-696-3349 for more details.

Introduction to Radiographic Anatomy and Pathology

*Saturday, October 19*

This one-day course provides a clinical introduction to radiographic anatomy and pathology. Participants will acquire an understanding of parameters used to obtain and interpret radiographs from a physical therapy perspective. Radiographic views of the spine and extremities will be covered, including the interpretation of normal anatomy, structural alignment and musculoskeletal pathology. The merits and limitations of incorporating radiographs into clinical practice will be discussed including evidence-based guidelines for ordering radiographs. Case studies will be used in conjunction with lecture to enhance learning.

Cosponsored with Morey J. Kolber, P.T., Ph.D., OCS, Cert MDT, CSCS
Cost: one course — $189; both courses (radiology and shoulder) — $329
Early registration (by July 1, 2013) $175 each course or $289 for both
At the door, $225 per course; cash/check only
CEUs: 9 per course
To register, call 954-610-1732 or http://moreykolberpt.eventbrite.com/

Examination and Treatment of Shoulder Complex

*Sunday, October 20*

This one-day course provides an evidence-based approach to the examination and treatment of shoulder disorders. Participants will acquire an understanding of common disorders, differential diagnosis and evidence-based interventions for both the general and athletic population. Participants will be guided through the process of interpreting shoulder radiographs and basic MRI views. Evidence-based examination tests will be presented with supplemental video and demonstration, including advanced joint mobility assessments, optimal positions for assessing muscle performance as well as newly researched measurement techniques. An overview of statistical tests of reliability and validity will be presented to assist clinicians in their interpretation of research articles. The merits and limitations of common interventions will be presented from both a physiological and evidence-based perspective including eccentric training, manual therapy, scapular stabilization and taping procedures. A detailed discussion of exercise prescription and progression will be presented.

Cosponsored with Morey J. Kolber, P.T., Ph.D., OCS, Cert MDT, CSCS
Cancer Rehab

**Saturday-Sunday, November 2-3**

This comprehensive course will provide the evidence-based information for therapists to incorporate rehab strategies in any setting for patients who have had cancer or those undergoing cancer treatments. This engaging and animated course covers current screening guidelines, basic disease and treatment principles including short-term and late effects that will impact a patient’s rehab treatment plan.

Cosponsored with North American Seminars, Inc.

Cost: $425

CEUs: 18 hours: applicable for PT, PTA, OT and ATC

To register, call 800-300-5512 or www.healthclick.com

**Spinning: Beyond Basics — An Advanced Vestibular Course**

**Saturday-Sunday, November 9-10**

This two-day course is designed for P.T.s and O.T.s who have prior experience in vestibular rehab and are seeking to refine their clinical evaluation and treatment skills beyond the basics. Therapists who are comfortable with their fundamental skills will find this course helpful at adding more treatment options. Focus will be placed on case studies. Clinical skills to be taught include fistula screening, cervicogenic screening, BPPV treatments beyond the posterior canal, acoustic neuroma management including facial rehab techniques, migraine screening and treatments.

Cosponsored with North American Seminars, Inc.

Cost: $425

CEUs: 18 hours: applicable for PT, PTA, OT and ATC

To register, call 800-300-5512 or www.healthclick.com

Management of Apraxia of Speech: Children and Adults

**Sunday-Monday, December 8-9**

This workshop focuses on providing a framework for assessment and treatment of apraxia of speech. Issues related to both developmental apraxia of speech in children, as well as acquired apraxia of speech in adults, will be addressed. Emphasis will be placed on treatment planning as well as on treatment approaches for both developmental and acquired apraxia. Special attention will be given to the principles of motor learning and how to incorporate these principles in treating both children and adults.

Cosponsored with Therapeutic Services, Inc.

Cost: $405; early registration $380, if postmarked 21 days prior to seminar

CEUs: 12

To register, call 718-692-1929 or www.TherapeuticServicesInc.com and search Apraxia

Cost: one course — $189; both courses (radiology and shoulder) — $329

Early registration (by July 1, 2013) $175 each course or $289 for both

At the door, $225 per course; cash/check only

CEUs: 9 per course

To register, call 954-610-1732 or http://moreykolberpt.eventbrite.com/