



Requirements to become a TEEN VOLUNTEER

The Teen Volunteers are high school students between 15 and 18 years old who are self motivated, compassionate, punctual, dependable, and mature.

The requirements to become a Teen Volunteer at SMH are:

- Complete and submit an application
- Schedule an interview with SMH Volunteer Services
- Write an essay explaining why you want to become a Teen Volunteer at SMH
- Provide a Reference Letter from a teacher, coach or school counselor
- Attend an Orientation session and complete a Self-Study
- Have a parent or legal guardian sign the Parental Permission to volunteer
- Have an annual Tuberculin Skin test and flu vaccination (if working between October to March)
- Provide a copy of Birth Certificate
- Be able to speak and read basic English
- commit to work once a week (Monday to Friday from 4 to 7pm, or weekends) for 3 consecutive hours, always on the same day and time, if in the After School Program, or according to the minimum requirements specified on the Summer Program.

Though we require the parents' permission to work, we encourage the students to submit the application by themselves, without the involvement of parents in the process of becoming a volunteer. As part of our selective process, we want to communicate directly with the student.

TEEN HEALTHCARE DISCOVERY PROGRAM

- This program runs in the summer, between mid June and mid August. Applications are submitted in advance, between February 1st, and March 31st.
- Besides the requirements listed above, the students participating in this program are required to commit to work throughout the summer, for at least the minimum amount of weeks specified by the Program. The Teen Volunteers work at least two 3-hour shifts per week, between 9 am to 4 pm, with a break for lunch, always on the same day(s). This will allow them to have a more substantial experience in the healthcare environment.
- We start the selective process in April, when the applicants are invited to schedule an interview, which time they will need to bring the Reference form filled out by one of the student's teachers, coaches, or counselor, as well as the essay.
- Throughout the summer, students will have the opportunity to learn more about different healthcare related careers by completing the activities offered by the Volunteer Services department.

Please note that we will only be able to provide certification of volunteer service hours if the volunteer completes all the requirements.

It's important to be aware that the volunteer opportunities for both programs are very limited, and there is a selective process involved.